

samiwunder
end your struggle with love



Diva In Life - Diva In Love
Affirmations

How To Be
A Diva In Life And A
Diva In Love

And Have Everything You Desire Literally Knock At Your Door
And Fall At Your Feet

333 Feminine Energy And
Abundance Attracting Affirmations



Hello, Wunder Divas!

This is **Sami Wunder**, your
Certified Dating & Relationship Coach.

This feminine energy, abundance attracting audio
with **333 positive affirmations**
is going to help you
stay in this wonderful, energetic, feminine space
where everything you desire is possible
(because it is!)
and where you are deeply connected,
day after day,
with your true sense of worth.

Remember: repetition is key!

So listen to this as often as you can,
and of course, listen to it whenever you need a loving reminder
of just how amazing you are.

So let's take 2 seconds,
to **pause... breathe deeply... and enjoy!**

= **3** =



1. I am here.
2. I am alive.
3. I am absolutely present in this very beautiful moment of my life.
4. *Why do I feel so light when I am just present in this moment?*
5. This moment is all there is.
6. There is nothing else to life but this moment, and I am so fully present in it.
7. This moment is a gift, and I recognize this gift.
8. *Why is this moment such a gift?*
9. There is only the now.
10. It feels amazing to know that I can just be present and enjoy whatever is unfolding in my life right now.
11. I allow my life to unfold.



12. My life is unfolding perfectly right now.
13. There is no past, there is no future; there is only the present.
14. There is only the now, and I am in it.
15. There is no worry, there is no tension; there is only this feeling of calm that I experience in this present moment.
16. And in this present moment, there is no hurry.
17. The Universe knows no hurry.
18. The Universe knows no dearth of time.
19. I have all the time in the world to do whatever needs to be done today.
20. I give myself the permission to slow down.
21. I give myself the permission to enjoy life and its wonderful offerings.
22. There is no need to rush.
23. There is no need to hurry.



24. *Why does it feel so good to know that I don't have to hurry?*
25. *Why can I get everything done in a calm and peaceful way?*
26. I breathe deeply.
27. I feel 100% present in my body when I breathe deeply.
28. It feels so good to be in my body and not over-think or over-analyze life and its experiences.
29. I simply experience my experiences.
30. I don't judge my experiences.
31. *Why does it feel so damn good to not judge my experiences, but simply live through them and enjoy the gradual unfolding of my life?*
32. Now that I am present and breathing deeply, I can see more clearly.



33. I can see my own truth more clearly.
34. My truth is that I am an unlimited being.
35. I am a divine spark in the larger scheme of things.
36. I am infinite magnificence.
37. I am light itself.
38. I am radiance.
39. I am pure feminine bliss.
40. I am joy.
41. I am the dance of love.
42. I am the feeling of lightness.
43. I am pure abundance.
44. I am heaven on earth.
45. I am a sensual goddess.
46. A feminine, feminine woman.



47. A Wunder Diva.
48. And I give myself the permission to be all these great things.
49. I do NOT deny myself the pleasure of being all these great things.
50. I AM all these great things.
51. I am a woman who is completely in sync with her power.
52. I am powerful.
53. *Why does it feel so good to be so powerful?*
54. *Why am I not afraid of my own power?*
55. I LOVE my own power.
56. I own my power.
57. I do not deny my power.
58. When I feel powerless in any situation or with a man, I am simply forgetting my power.



59. When I forget my power, I pause, I breathe and I simply reconnect with my power.

60. *Why does it feel so easy to reconnect with my power?*

61. I have the power to create whatever I desire.

62. I HAVE desires.

63. I give myself permission to have desires.

64. I acknowledge and own my desires unapologetically.

65. I desire what I desire.

66. I have the right to desire what I desire.

67. My desires are legitimate.

68. I deserve what I desire.

69. *Why am I so bloody deserving of my desires?*

70. I manifest whatever I desire.



71. I create the reality I desire.
72. When I am just being present in the moment and having fun, I become an energetic magnet for all that I desire.
73. If I am single, I am easily and effortlessly manifesting the relationship I desire.
74. If I am already in a relationship, my relationship makes me feel good, just the way I desire.
75. Every single moment, the life & love I desire moves closer to me.
76. I am worthy of what I desire.
77. I AM worthy.
78. I am so very, very worthy.
79. I am worthy of love.
80. I am worthy of experiencing grand, legendary love.

81. *Why am I so naturally worthy of love?*

82. I am worthy of my own love.



83. I am worthy of my own respect.
84. I am worthy of a man's love and respect.
85. I am worthy of receiving lots and lots of attention and love.
86. *Why am I so worthy of receiving lots and lots of attention and love?*
87. I am worthy of being doted on, cherished and adored by a quality man.
88. I am worthy of a quality man's full, whole-hearted, life-long commitment.
89. I don't settle for less than what I deserve.
90. I don't settle for half-hearted commitment or less-than treatment of myself in a relationship.
91. I simply DON'T settle.
92. *Why does it feel so empowering to not settle for anything less than what I deserve?*



93. I value myself hugely.

94. I stand up for myself.

95. I put my needs **FIRST**.

96. *Why is it OKAY to put my needs first?*

97. *Why is it a good thing to take care of my own needs?*

98. I say "NO".

99. I say "no" **EASILY**.

100. *Why does it feel so natural to say "no" to something I don't want?*

101. I make time for me.

102. I make time for self-care and making myself happy.

103. I **ALWAYS** make time for me.



104. I am important enough for my own time.

105. *Why do I deserve at least 20 minutes of my own undivided attention daily?*

106. *Why does it feel so good to treat myself well in my own life?*

107. I feel and recognize the greatness that lies within me.

108. I feel and recognize just how magnificent and amazing I am.

109. I feel and recognize just how lucky any man would be, to get to spend the rest of his life with me.

110. I feel and recognize just how lucky my current man is, to be getting to spend time with me.

111. *Why would any man be lucky to have my time, attention and affection?*

112. I don't have to DO anything to be loved.



113. I AM loved.

114. I am already so very much loved.

115. I am a child of the Universe, and the Universe loves me.

116. I can just relax, let go and smile in the knowledge that I am loved.

117. I feel extremely peaceful in the knowledge that I am loved.

118. I love myself.

119. I give myself permission to love myself.

120. I am there for me.

121. I stand on my own side.

122. I am my most favorite person on the planet.

123. *Why am I my most favorite person on the planet?*

124. *Why is it OKAY and NOT awkward anymore to be my most favorite person on the planet?*



125. *Why does it feel so liberating to love myself so intensely?*

126. *Why is it NOT selfish to love myself so intensely?*

127. It is **OKAY** to love myself.

128. It is **OKAY** to love the whole of me.

129. I love the **WHOLE** of me.

130. I love my cranky parts, my selfish parts, my imperfect parts.

131. I love my moody parts, my sulky parts, my fragile parts.

132. I love my body.

133. I love my curves, I love my breasts, I love my hips, I love my teeth.

134. I love every part of me immensely.

135. I love my inner bitch.

136. I love my sensitivity.

137. I love my feelings.



138. I love ALL of my feelings.
139. I love and hug my sucky & yucky feelings, as much as I love my good feelings.
140. I love myself completely.
141. I love myself whole-heartedly.
142. *Why does it feel amazing to love all of me, and not just parts of me?*
143. *Why does it feel good to embrace all of my feelings, and not just my good feelings?*
144. I am unique.
145. There is NO competition for me.
146. I truly believe I am special.
147. I truly believe that there is nobody else out there like me.
148. I don't compare myself to other women.



149. I celebrate myself and I love being with women who celebrate themselves too.

150. The man made for me loves only me.

151. Nobody else will do for him.

152. He wants just me.

153. *Why does it make complete sense that a man can want me and only me?*

154. Men love me.

155. Men think I am amazing.

156. Men are crazy about me.

157. *Why do men love me?*

158. *Why is it perfectly normal that men drive themselves crazy for me?*



159. *Why could I easily have 100s of men pursuing me and wanting my time and attention at the same time?*

160. *Why could I easily have my current man's full attention and time?*

161. Men find me desirable - very, very desirable.

162. I AM desirable.

163. I am so very desirable.

164. I am a woman in touch with her sensuality.

165. I give myself permission to enjoy my sexuality AND sensuality.

166. It is OKAY to want to be desired.

167. It is OKAY to be desirable.

168. Men are pulled towards me like a magnet.

169. I have to do NOTHING to get a man's attention.

170. Absolutely nothing!



171. I am comfortable with receiving attention from men.
172. I feel good receiving attention from men.
173. *Why is it perfectly all right to receive attention from men?*
174. *Why is it perfectly all right to enjoy the attention I receive?*
175. I enjoy a man's attention.
176. I am worthy of attention.
177. I am worthy of receiving attention from many, many good men, without having to work hard for it.
178. I am worthy of receiving attention from my current man.
179. I LOVE men.
180. Men crave to be my hero and impress me.
181. Men crave to protect me and make me feel special.



182. *Why is it so incredibly endearing that men want to please me?*

183. *Why is it so incredibly endearing that MY man wants to please me?*

184. Men WANT to please me.

185. And I simply ALLOW them to please me.

186. Men are so generous to me.

187. *Why is it absolutely okay that men are so generous to me?*

188. *Why am I 200% deserving of a man's generosity?*

189. I am open to receiving a man's generosity.

190. I AM open.

191. My heart is open to let love in.



192. It feels difficult to keep it open on some days, but I breathe and keep it open anyway.
193. Having an open heart is my most natural state of being.
194. I don't let the fear of rejection or heartbreak stop me from opening my heart to love.
195. I LOVE my fear.
196. My fear just tries to keep me safe.
197. When fear tries to take over, I feel my fear, and I do what I want to do anyway.
198. Fear does not stop me.
199. *Why am I so brave?*
200. *Why am I so safe?*
201. I have an inexhaustible supply of inner wisdom and intuition that protects me.
202. The Universe protects me.



203. My boundaries protect me.

204. I HAVE boundaries.

205. I feel comfortable having boundaries.

206. No one can make me do something I do not want to do.

207. I can trust my inner boundaries to keep me safe.

208. I can trust the voice of my intuition to keep me safe.

209. I can trust myself to make the choices that are good for me.

210. I TRUST myself.

211. *Why can I trust myself more and more with each passing day?*

212. *Why does it feel so comforting to know that I can just trust myself and I will be okay?*

213. The more I trust myself, the more I can relax into my feminine energy.



214. The more I trust myself, the safer I feel surrendering to my feminine energy.
215. When I am in my feminine, life feels relaxed, easy and effortless.
216. When I am in my feminine, I don't have to push to make anything happen.
217. Men are naturally drawn to me when I am in my relaxed feminine state.
218. I thoroughly enjoy being in my feminine state.
219. *Why do I love being in my feminine state so much?*
220. *Why does it feel so good to stay connected with my feminine state?*
221. It feels sooo good to be relaxed.
222. I like staying in this relaxed, calm space.
223. It feels sooo good to not struggle or push for anything.
224. It feels so good to trust that everything is working out for me.



225. It feels so comforting to know that my biggest desires are coming true when I can be relaxed and happy, and just have fun.

226. *Why can I have everything I want from a place of joy and without struggling for it?*

227. There is NO struggle.

228. There is no NEED for struggle.

229. I don't have to struggle to have what I want.

230. There is nothing to fight for.

231. I float with life's ever-supportive current.

232. I know I am supported.

233. I am deeply supported.

234. The Universe has my back.

235. The Universe wants to see me succeed.

236. The Universe wants to see me feeling good.



237. *Why does the Universe only have the best intentions for me?*

238. *Why does the Universe want all my desires to come true?*

239. The Universe LOVES me.

240. I feel the positive vibrations of the Universe conspiring in my favor.

241. Everything is rigged in my favor.

242. This whole life and everything that happens from this moment on is rigged in my favor.

243. I AM one lucky bitch.

244. I am a very, very lucky bitch.

245. And this bitch is lucky in love too.

246. *Why do I perfectly deserve being lucky in love?*



247. At this moment of awareness right now, I choose to acknowledge everything that is good in my life.

248. I choose to be grateful.

249. I feel grateful for my health and for my friends.

250. I feel grateful for my family, however they are, and whether they are near or far.

251. Why do I have so many reasons to be grateful?

252. I am not alone.

253. I am never alone on this journey of self-love and self-discovery.

254. I have so many other Wunder Divas, my fellow sisters, accompanying me on this journey of growth.

255. We're ALL in this together!

256. Why does it feel so comforting to know that I am not alone when times feel tough?



257. I radically accept my tough times.

258. I accept my life's journey so far, even if it feels hard at times.

259. I breathe and let go of any resentment that comes up.

260. I don't fight who I am or where I've been.

261. I ACCEPT who I am and where I have been.

262. I see how unique and special my journey was, and still continues to be.

263. Why is my life's story so special in spite of all its challenges?

264. Why must I completely embrace my experiences, no matter what they look like?

265. I release my past.

266. I see my past for what it is, and I RADICALLY accept it.

267. I see the message my past has for me, and I let it go.

268. I do NOT feel the need to dwell in my past.



269. I do NOT feel the need to stay in the pain of the past.

270. It is SO clear to me that it does not serve me to dwell in my past.

271. I am all about staying in the present, and, through that, creating a loving, amazing future.

272. Why does it feel so good to not dwell in the past?

273. Why do I not waste my energy dwelling in the past?

274. Why must I learn from my past and let it go?

275. I am learning.

276. I LOVE learning.

277. I am always learning.

278. I am always GROWING.

279. I invest in myself, I invest in excellent coaches who can help me move forward and unleash my own power to me.



280. I feel worthy of my own investment.

281. I deserve to invest in myself, in my growth.

282. I deserve to feel good.

283. I deserve to feel good **EVEN WHEN** I make mistakes.

284. Why do I deserve to feel good even when I make mistakes?

285. I **LOVE** my mistakes.

286. My mistakes are my biggest growth opportunities.

287. My mistakes have brought me to where I am today.

288. I would be nothing without my mistakes.

289. I understand that it's perfectly okay to make mistakes.

290. We **ALL** make mistakes.

291. Why is it so normal to make mistakes?



292. *Why must I forgive myself for my mistakes?*

293. I forgive myself for my mistakes.

294. I forgive myself daily.

295. I forgive myself over and over and over again, even if I repeat the same mistakes.

296. *Why is it okay to not pressure myself to be perfect?*

297. I am not perfect.

298. It's OKAY to not be perfect.

299. In fact I LOVE not being perfect.

300. Perfection is boring.

301. It is my imperfections that make me special.

302. My soulmate, my man, loves me FOR my imperfections.

303. I practice daily kindness and compassion for myself.



304. Kindness to myself is of paramount importance to me.

305. My compassion for others is incomplete if it does not include me.

306. Why is it SO important that I practice kindness and compassion for myself daily?

307. I define my own reality. I define my own worth.

308. I do not let others define me, or my worth.

309. I do not let others tell me who I am.

310. Why is it so important that ONLY I get to define myself?

311. I feel excited and full of hope about the future.

312. Good things are coming to me.

313. Miracles are awaiting me!!!

314. I move forward with the expectancy of my highest good.

315. I am ready to receive all the good stuff.



316. I am an unlimited being.

317. I am a divine spark.

318. I am infinite magnificence.

319. I am light itself.

320. I am radiance. I am joy. I am feminine bliss.

321. I am pure abundance.

322. I am heaven on earth.

323. I am a sensual goddess.

324. A feminine, feminine woman.

325. A Wunder Diva.

326. I know I am deserving of love.

327. I know I am worthy of good things.

328. I treat myself with the highest attention, love, and care.

329. I am a woman in touch with her most powerful, feminine side.



330. I am infinitely valuable.

331. I am infinitely worthy.

332. I am infinitely powerful.

333. I've GOT this!!!